

SYLVAN S. MINTZ, DDS, MScD
Wildwood Medical Center
10401 Old Georgetown Road #106
Bethesda, Maryland 20814
301-530-8570 Fax: 301-530-8572

DIRECTIONS TO THE OFFICE

FROM MARYLAND POINTS SOUTH AND EAST OF DC: Prince Georges & Charles County
Take I95 North towards Baltimore. Continue on Capital Beltway I495 West (after the exit for Route 1- I95 and I495 West split). Stay in the middle lanes and continue on I495 West. Take Exit #36 – Rt.187 Old Georgetown Rd- Rockville/Bethesda. Go North in direction of Rockville. At the 4th traffic light (Rock Spring Drive) make a RIGHT into the parking lot of our building. Go around the side and to the back of the building. Enter through this back entrance and proceed down the hall. Make your first right and we are the first office on the right.

FROM MARYLAND POINTS NORTH: Baltimore, Laurel
Take I95 South towards Silver Spring. Get on Capital Beltway I495 West. Take Exit #36 and follow directions above.

FROM MARYLAND POINTS NORTH: Germantown, Frederick
Take I270 South to the split. Take I495 East Silver Spring/College Park. Get off at Exit 1- Rockledge Drive/Old Georgetown Road. Go to the second traffic light and make a RIGHT – Old Georgetown Road South. Almost immediately, at the next traffic light (Rock Spring Drive) make a LEFT into the parking lot of the building. Go around the side and to the back of the building. Enter through this back entrance and proceed down the hall. Make your first right and we are the first office on the right.

FROM VIRGINIA:
Take I495 North towards Tyson's Corner and go over the American Legion Bridge (Cabin John Bridge). Stay to the right at the split for I270N and go I495 East Bethesda/ Baltimore. Take Exit #36- Rt. 355 North/Old Georgetown Road. At the end of the exit ramp make a LEFT at the light onto Old Georgetown Road. Stay in the middle lane eventually getting into the right hand lane. At the fifth traffic light (Rock Spring Drive) make a RIGHT into the parking lot of our building. Go around the side and to the back of the building. Enter through this back entrance and proceed down the hall. Make your first right and we are the first office on the right.

From Silver Spring: (If not taking the Beltway)
Take Randolph Road toward Rockville. Make a LEFT onto Parklawn Drive. Continue until you come to Rt. 355 Rockville Pike. Cross over Rockville Pike. This now becomes Nicholson Lane. At the third traffic light make a LEFT on to Old Georgetown Road. Continue on Old Georgetown Road for 1.2 miles and at the six traffic light Rock Spring Drive (includes flashing light) make a Left into the parking lot of the building. Go around the side and to the back of the building. Enter through this back entrance and proceed down the hall. Make your first right and we are the first office on the right.